

Pots		Takeaway Sit in	
Greek Yoghurt	4.00	4.50	
with seasonal compote & homemade granola			
Overnight Oats	4.50	5.00	
soaked in fresh pressed apple juice with Greek yoghurt, blueberries & caramelised pecan & toasted coconut crunch			
Vegan Apple & Walnut Crumble	4.00	4.50	
Chia Pudding			



Hot Pressed Rye Sandwiches (Brøds)

Homemade Smoky Baked Beans, Chorizo, Egg Omelette & Smoked Cheddar	7.50	8.25	
Smoked Chicken, Chorizo, Irish Cheddar & Chipotle Mayo	7.50	8.25	
Hot Smoked Salmon, Cream Cheese, Spinach, Tomato & a Lime Avocado Mash	7.50	8.25	
Vegan Chickpea & Sweet Corn Mayo with Dressed Seasonal Greens	7.50	8.25	



Trio of Salads	7.00	7.50	
Soup	4.50	5.00	
Stew	5.50	6.00	
Add Rye Bread	0.75	1.00	

Food Allergen Information

We handle all allergens in our kitchen and cannot guarantee our products are allergen free.
Ask a member of the team if you need more information about allergens when ordering.

Drinks

Espresso/Macchiato	2.90
Long Black	3.00
Flat White	3.10
Cappuccino	3.20
Latte/Chai Latte	3.30
Equador 70% Dark Chocolate	3.50
Ivory Coast White Hot Chocolate	3.50
Vanilla/Hazelnut Steamer	2.60
Iced Long Black	3.00
Iced Latte	3.30

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Add

	6oz	8oz	12oz	Extra Shot	0.60
Oat Milk	0.40	0.50	0.60	Syrup	0.30
Soy Milk	0.60	0.70	0.90		

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Tea	2.40
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Belfast Brew	Green Tea Ginseng
Earl Grey	Goji Berry & Pomegranate
Peppermint	White Tea with Elderflower

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Cold Drinks

	Takeaway	Sit In
AMG	4.00	4.50
Freshly pressed apple, mint & ginger		
Docs Away	4.00	4.50
Freshly pressed carrots, apple & ginger		
Still/Sparkling Water/Fizzy Pop	2.00	2.50